



MAIN SALAD'S & VEGETARIAN

BOREK - FILO PARCELS [V]	14.95
Stuffed with feta & spinach, served with mixed leaves, sour cream & topped with parmesan	
MOUSSAKA [V]	16.95
Served with tomato sauce, rice & mixed salad	
FALAFEL [V]	16.50
Served with home made hummus and mixed salad	
HALLOUMI SALAD [V]	15.95
Char-grilled, served with tomato, cucumber, olives & mixed salad with olive oil dressing	
MEZE PLATTER [V]	17.95
Houmous, tzatziki, dice fried aubergine, halloumi, filo parcel & falafel, served with pitta bread	
MELANZANE PARMIGIANA [V]	16.95
Fried aubergines tomato sauce & parmesan cheese slow cooked in oven served homemade bread	
CHAMBERS SALAD [V] [N]	14.95
Mix salad with marinated vegetables, sundried tomato, Gorgonzola cheese (blue cheese), walnuts, artichokes, avocado and beetroot with dressing sauce	
WARM GOAT CHEESE SALAD [V] [N]	16.95
Mix salad avocado tomatoes, cucumber, beetroot and black olives with walnuts	
BURRATA CHEESE SALAD [V]	14.95
Mix salad, avocado, sundried tomato, cucumber, beetroot, black olives olive oil and balsamico	
CHICKEN CAESAR SALAD	17.95
Lettuce, croutons, parmesan cheese with caesar dressing sauce	
WARM CHICKEN SALAD	17.95
Char-grilled, served with Goats cheese, avocado and mixed salad	

SIDE ORDERS

SAUTE SPINACH	5.95
ROCKET PERMESAN SALAD	5.95
GREEN SALAD	4.95
MIX SALAD	4.95
SEASONED MIX VEG	5.95
CHIPS, FRENCH FRIES	4.50
CURLY CHIPS	4.95
ROAST POTATO	5.95
MASH POTATO	5.45
CHIPS WITH TRUFFLE OIL AND PARMESAN CHEESE	6.95
PITTA BREAD	2.00
TURKISH BREAD	2.00



To Share

NOCELLARA SICILIAN OLIVES [V]	4.50
GARLIC BREAD ROSEMARY & SEA SALT [V]	6.95
GARLIC BREAD MOZZARELLA CHEESE	7.95
PIZZA MARINARA	7.95
Olive oil, Garlic, Oregano, Tomato sauce	
MEZE PLATTERS ~ serves 2 persons	6.45
VEGETARIAN ~ Houmous, Tzatziki, diced fried Aubergine, Halloumi, Filo parcels, Falafel & Toasted bread [V]	26.95
MIXED ~ Houmous, Tzatziki, Chicken wings, Lamb kofte, Filo parcels, Calamari & Toasted bread	29.95
BRUSCHETTA [V]	7.45
Charry tomato, basil, garlic, olives with olive oil balsamic	

STARTERS

HOUMOUS [V]	7.45
Served with chopped tomato & pitta bread	
TZATZIKI [V]	7.95
Served with pitta bread	
POLPETTE	7.45
Fresh homemade beef meatballs in rich tomato sauce with homemade bread	
MARINATED CHICKEN WINGS	7.50
Char-grilled & served with mixed salad	
AVOCADO PRAWN	9.95
Served with mixed leaves & Marie Rose sauce	
AUBERGINE [V] SERVED COLD	7.95
Diced, fried & served with pitta bread	
PARMIGIANA [V]	7.95
Fried aubergines tomato sauce & parmesan cooked in oven with homemade bread	
FRIED ZUCCHINI [V]	10.45
Breaded courgette served with sour cream sauce	
DEEP - FRIED WHITEBAIT (BIANCHETTI FRITTI)	10.45
Served with tartar sauce	
HALLOUMI CHAR - GRILLED SALAD [V]	8.45
Served with tomato, cucumber, olives & mixed leaves with oil dressing	
CARPACIO DI BRESAOLA	8.95
Thinly sliced cured beef, shaving parmesan served with rocket salad	
CALAMARI	8.95
Deep-fried & served with mixed leaves	
MOZZARELLA, TOMATO & AVOCADO SALAD [V]	7.50
Served with pesto & fresh basil	
GAMBERONI AGLIO CREMA	10.95
King and baby prawns in cream with fresh cherry tomatoes, garlic sauce with homemade bread	
GREEK SALAD WITH FETA [V]	7.50
LAMB KOFTE MARINATED & CHAR - GRILLED	7.95
Served with tomato & onion salad	
BOREK ~ FILO PARCELS [V]	7.95
Filled with spinach & feta, served with tzatziki and mixed leaves	
MUSSELS	10.95
Fresh Mussels steamed & cooked with a choice of:	
• White wine, shallots & garlic	
• Fresh chopped tomatoes	
• Cream sauce	
GARLIC PARMESAN STUFFED MUSHROOMS [V]	7.95
Portebello mushrooms, parmesan, mozzarella cheese, garlic butter with bread	
SAUTÉED KING PRAWNS	9.95
Cooked with spring onions, fresh tomatoes, garlic & lemon juice	
FALAFEL [V]	7.95
Served with mixed leaves and homemade hummus	



MAINS

LASAGNA	17.95
Minced beef meat, freshly made tomato sauce served with homemade bread	
KLEFTICO ~ KNUCKLE OF LAMB	19.95
Slow cooked & served with mixed vegetables & rice	
LAMB CHOPS CHAR - GRILLED	22.95
Served with mixed salad & a choice of Mediterranean rice or Chips	
MEDITERRANEAN LAMB KOFTE	17.95
Served with Mediterranean rice, mixed salad	
LAMB SKEWERS	22.95
Served with rice and salad	
CHICKEN FILLET	17.95
Char-grilled, served with rice, mixed leaves	
CHICKEN SKEWERS	18.95
Char-grilled, served with mixed salad with a choice of rice or chips	
SCALLOPPINO POLLO AL FUNGI	19.95
Chicken escalope sundried tomato, spanish with creamy mushrooms with roasted potatoes	
POLLO ALLA MILANESE	19.95
Breaded chicken breast served with spaghetti in tomato sauce	
MARINATED CHICKEN WINGS	18.50
Char-grilled, served with mixed salad, rice	
RIB - EYE STEAK	29.95
SIRLOIN STEAK [SCOTTISH]	27.95
<i>Choice of: PLAIN, GARLIC HERB BUTTER or</i>	
<i>PEPPERCORN SAUCE with sauté potatoes, chips or mash potato</i>	
CHAMBERS MIXED GRILL	26.95
Lamb kofte, chicken wing, lamb skewers, chicken skewer, served with grilled peppers, with a choice of rice or chip	

BURGERS

BEEF	16.95
Freshly ground beef garnished with cheddar cheese & mixed salad, served with & chips	
CHICKEN	15.95
Char-grilled, garnished with cheddar cheese, red onion & mixed salad, served & chips	
HALLOUMI [V]	14.95
Garnished with mixed leaves, sun-dried tomatoes, roasted vegetables & pesto sauce, served with chips	
FALAFEL [V]	14.95
Garnished with houmous, tzatziki, red onion & mixed leaves, served with chips	



SEAFOOD

SAUTÉED KING PRAWNS	24.95
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Cooked with spring onions, tomatoes, garlic & lemon juice, served with rice & pitta bread

GAMBERONI AGLIO CREMA	24.95
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King and baby prawns in cream with cherry tomatoes,
garlic sauce served with rice

SALMON FILLET CHAR - GRILLED	22.95
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Served with mashed potatoes, seasonal vegetables & tartar sauce

SEABASS FILLET MARINATED	24.95
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Char-grilled, served with sautéed potatoes & mixed salad

WHOLE SEABREAM CHAR - GRILLED	22.95
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Served with sautéed potatoes & mixed salad

SICILIAN TUNA STEAK	22.95
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Cooked with cracked peppers & flamed in brandy sauce with tomato sauce,
served with mash potatoes & French beans

SAUTÉED MIXED SEAFOOD	26.95
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King & baby prawns, calamari, mussels & salmon, sautéed with tomatoes,
spring onions, wine, garlic & lemon juice, served with rice

MOULES Served with chips	19.95
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Fresh Mussels steamed & cooked with a choice of:

- White wine, shallots & garlic
- Fresh chopped tomatoes
- Cream sauce

CALAMARI	16.95
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Deep-fried and served with mixed salad & tartare sauce

SUNDAY ROAST

Served on Sundays only

BEEF	19.95
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LAMB	18.95
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PORK – served with sage & onion stuffing	15.95
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CHICKEN – served with sage & onion stuffing	16.95
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ALL SERVED WITH

*Roast potatoes, Seasonal Vegetables,
Yorkshire Pudding & Gravy*

BREAKFAST

Served 10am ~ 4pm daily

All Breakfasts are served with poached eggs

FULL ENGLISH	14.95
2 Eggs, 2 slices Bacon, Cumberland Sausage, Tomato, Mushroom, Baked Beans & Hash Brown served with toasted Sourdough Bread & butter	
CHAMBERS SPECIAL [V]	14.95
2 Eggs, Halloumi, Hash Brown, Roasted Mushroom, Filo Pastry, Avocado, Tomato & Olives served with toasted Sourdough Bread & butter	
MEDITERRANEAN	15.50
2 Eggs, Halloumi, Lamb Sausages, Filo pastry, Tomato, Cucumber & Olives served with toasted Sourdough Bread, butter, Honey & Hash brown	
VEGETARIAN [V]	14.95
2 Eggs, 2 Vegetarian Sausages, Mushroom, Tomato, Baked Beans & Hash Brown served with toasted Sourdough Bread & butter	
VEGAN BREAKFAST [V]	14.95
2 vegetarian sausages, roasted mushroom, fresh tomato, beans, avocado & Sautéed Spinach, Hash brown and olives served with toasted Sourdough Bread	
OMELETTE – Choice of 3 fillings	13.95
Cheese, Mushroom, Bacon, Tomato, Onion or Peppers served with chips	
SMOKED SALMON & SCRAMBLED EGGS	16.95
Served with toasted bread & butter	
EGGS ROYALE	16.95
Scottish Smoked Salmon, Poached Egg & Hollandaise Sauce	
EGGS BENEDICT	14.00
Honey Roast Ham, Poached Egg & Hollandaise Sauce	
EGGS FLORENTINE [V]	14.00
Sauté Spinach, Poached Egg & Hollandaise Sauce	
ZORBA PANCAKES [V]	14.95
Scrambled Eggs, Feta, Spinach, Onion, Tomato, Basil & Oregano, served with Chips	
MIXED BERRY PANCAKES [V]	12.95
Served with Maple syrup	
SCRAMBLED EGG [V]	10.45
Served with toasted bread & butter	
TOASTED BREAD & BUTTER	3.00
Served with Jam OR Honey	
SMASHED AVOCADO POACHED EGG	13.95
Served with sourdough bread	

GRILLED PANINI.....£13.95

HTV [V]

Halloumi, Tomatoes, & Vegetables

BREAKFAST

Bacon, Cumberland Sausage & Fried Eggs

CHICKEN

Chicken, Avocado, Spinach

ATM [V]

Avocado, Tomato, Mozzarella & Basil Sauce

BMT

Bacon, Mozzarella & Tomato

ALL SERVED WITH MIXED SALAD & CHIPS

WRAPS

CHICKEN WRAP	14.95
Char-grilled chicken with mixed leaves served with chips	

KOFTE WRAP	15.95
Lamb kofta with tomatoes, red onion & mixed leaves, served with chips	

FALAFEL WRAP [V]	14.95
With houmous & mixed leaves, served with chips	

HALLOUMI WRAP [V]	14.95
With mixed leaves, red onions served with chips	

MIXED WRAP [V]	15.95
Halloumi & falafel with mixed leaves, red onions served with chips	

DRINKS

TEA

ENGLISH BREAKFAST	2.95
CHAMOMILE	2.95
PEPPERMINT	2.95
GREEN	2.95
EARL GREY	2.95
FRESH MINT	2.95
APPLE [POWDER]	

FLOWERING

Lily & Jasmine ~ Red Amaranth ~ Jasmine Arch ~ Osmanthus	£5.95
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HERBAL & ORGANIC

Rooibos (Red Bush) ~ Whole Peppermint Leaf ~ Jasmine Pearls ~ Whole Rosebuds ~ Moroccan Mint ~ Blackcurrant & Hibiscus ~ Jing Assam Breakfast ~ India Blend ~ King Earl Grey ~ Whole Rose & Chine Black Organic ~ Whole Camomile Flowers	£5.95
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COFFEE

ESPRESSO	2.95
DOUBLE ESPRESSO	3.25
CHAI LATTE	4.25
LATTE	3.85
CAPPUCCINO	3.85
AMERICANO	3.50
MACCHIATO	3.25
MOCHA	4.25
TURKISH COFFEE	4.00
HOT CHOCOLATE	4.50

JUICES

FRESHLY SQUEEZED	5.00
Choice of either: Orange ~ Ginger ~ Apple ~ Carrot ~ Celery	
JUICE	3.00
Cranberry ~ Pineapple ~ Apple ~ Orange ~ Tomato	
POMEGRANATE	3.50

MINERAL WATER

STILL OR SPARKLING	
SMALL	2.95
LARGE	4.50

SPARKLING DRINKS

San Pellegrino Lemon – Red Orange – Orange	3.50
Cola - Diet coke – Sprite – Fanta – Coke Zore (Bottle)	3.95

SMOOTHIES & SHAKES

Choice of:- Banana ~ Raspberry ~ Blackcurrant ~ Blueberry-Strawberry

MILKSHAKES

Choice of:- Vanilla ~ Chocolate ~ Strawberry ~ Banana

A discretionary 12,5% Service Charge will be added to your bill
NO CHEQUES

All prices include VAT at the current rate
All our dishes are prepared in our kitchen where nuts, flour etc., are commonly used so we cannot guarantee our dishes will be free of traces of these products

PLEASE INFORM YOUR WAITER FOR ANY ALLERGIES OR DIETARY REQUIREMENTS
Olives may contain stones, fish & meat dishes may contain bones. Dishes may contain items not mentioned in the menu description.



FRESH PASTA & RAVIOLI

CHICKEN PENNE	16.95
Char-grilled chicken, with a creamy mushroom & basil sauce, Topped with melted mozzarella	
TAGLIATELLE POLL CREAM AL FUNGI	17.95
Chicken breast in cream sauce with portobello mushrooms and button mushrooms	
TAGLIATELLE FRUIT DIMARE	19.95
King and baby prawns, clams, calamari, mussels with fresh tomato suace, white wine and garlic olive oil	
TAGLIATELLE BURRATA	16.95
Fresh tomatoes sauce, burrata cheese, cherry tomatoes and fresh basil	
SPAGHETTI ALLE VONGOLE	18.95
Fresh clams with wine sauce, garlic olive oil, parsley & fresh lemon juice	
SPAGHETTI BOLOGNESE	16.95
Slow cooked Beef mince with tomato sauce	
SPAGHETTI CARBONARA	18.95
Bacon fresh double cream, black peppers, egg & parmesan cheese	
SPAGHETTI TARTUFO PORCINI [V]	19.95
Porcini & truffle oil with parmesan cheese	
SPAGHETTI RAGU POLPETTE	18.95
Slow cooked beef meatballs in rich tomato sauce, parmesan shaving with fresh chilli	
SPAGHETTI PESTO	15.95
Green pesto sauce, sundried tomato, parmesan cheese and fresh basil & double cream	
PENNE PUTENSCA [V]	15.95
Fresh tomato, capers, chill, black olives & white wine	
PENNE ARABITTA	17.95
Courgette, aubergine, fresh tomato sauce and fresh chili's with warm goat cheese	
RAVIOLI BEETROOT & GOAT CHEESE [V]	15.95
Beetroot & goat cheese. Served with tomato cream sauce or mushroom cream sauce	
RAVIOLI DI ZUCCA E RICOTTA [V]	15.95
Pumkin and ricotta. Served with tomato cream sauce or mushroom cream sauce	

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BEFORE PLACING YOUR ORDER, PLEASE INFORM US IF A PERSON IN YOUR PARTY HAS FOOD ALLERGY

Our products may contain wheat, egg, dairy, soy or fish allergens and may have been processed in facilities that process nuts and peanuts.



STONE BAKED PIZZA

We only use 100% mozzarella cheese and premium caputo blue flour,
all our pizza bases are prepared with fresh tomato sauce, mozzarella and herbs.
(except for our Formaggi pizza)

MARGHERITA V	10.50
NAPOLI	12.45
Anchovies, capers, olives	
PROSCIUTTO FUNGI	12.95
Ham, mushroom	
4 STAGIONA	14.95
Ham, pepperoni, artichokes, mushrooms	
DIAVOLA	12.95
Pepperoni & fresh chilli	
BREOSALA ARUGULA GRANA	16.95
Breosala beef with rocket, buratta cheese	
VEGETARIANA V	13.95
Aubergines, courgettes, mushrooms, spinach	
FIERENTINO	11.95
Spinach, garlic, egg	
CAPRICCIOSA V	12.95
Artichokes, spinach, olives, mushrooms	
VEGAN CHEESE (MOZZARELLA FLAVOUR) V	14.45
Aubergine, courgette, sundried tomato	
TRUFFLE V	15.95
Porcini mushrooms, truffle oil, rocket parmesan shaving	
FORMAGGI (NO TOMATO SAUCE)	15.95
Blue cheese, parmesan, goat cheese	
POLPETTINE	13.95
Meatballs, jalapeno, mixed peppers, mushroom	
IL PARCO SPECIAL	15.95
Pepperoni, blue cheese, olives, mushrooms	
PARMA	16.95
Parma ham, rocket, parmesan shavings	
ITALIANA	16.95
Parma ham, burrata cheese, rocket	
POLLO	14.95
Chicken breast, olives, mix peppers, jalapeno	
GLUTEN FREE PIZZA BASE	3.50

ADD TOPPINGS

Meat	6.00	Vegetable	3.00	Buffolo Mozzarella Cheese	4.00
Pepperoni	4.00	Burrata Cheese	6.00	Vegan Cheese	4.00
				Fresh Chilli	1.50